

## EUROPEAN OPHTHALMIC PATHOLOGY SOCIETY

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### Vitreous opacities in a 56-year-old female with inherited Transthyretin amyloidosis

#### Clinical History

A 56-years old female patient noticed increasing visual disturbances of her right eye due to floating filaments for two years. At the age of 41, a liver transplant had been performed for familial transthyretin (TTR) amyloidosis with p.(Val50Met) mutation of the *TTR* gene with polyneuropathy and cardiomyopathy. The TTR protein altered by the mutation with beta-sheet structure is deposited in various organs, possibly with consecutive dysfunction. Medication included irbesartan, bisoprolol, rivaroxaban and tacrolimus. The best-corrected visual acuity was 0.5 OD and 1.25 OS. Slit lamp and OCT examinations revealed acellular vitreous opacities in the right eye; the iris and retina, as well as the left eye, were unremarkable. After removal of the vitreous opacity by vitrectomy, visual acuity increased to 1.0.

#### Ocular Pathology

##### *Macroscopy*

Slightly turbid vitreous fluid undiluted in a syringe and diluted in a bag.

##### *Light microscopy*

Vitreous fibrils and eosinophil amorphous material, which stains Congo red positive and shows apple green birefringence under polarized light indicating the presence of amyloid.

#### Diagnosis

*Vitreous amyloidosis in p.(Val50Met) transthyretin (TTR) amyloidosis*

## Discussion

Liver transplantation reduces systemic amyloid deposition in *TTR* mutation-related amyloidosis, as the diseased liver is the primary site of *TTR* production<sup>1</sup>. However, vitreous amyloidosis occurred in our patient 13 years after liver transplantation<sup>2</sup>. The incidence of vitreous amyloidosis in familial transthyretin amyloidosis, particularly post-liver transplantation, is even higher compared to those without systemic treatment<sup>1</sup>. This aligns with the detection of *TTR* production in the retinal pigment and ciliary body epithelium of rats, suggesting intraocular synthesis of pathological *TTR* in our patient<sup>3</sup>. Another extrahepatic *TTR* production site is the intracerebral choroid plexus<sup>4</sup>.

In recent years, *TTR*-stabilizing substances such as Tafamidis, as well as *TTR*-specific siRNA and antisense oligonucleotides with fewer side effects, have become available as main treatments for *TTR* mutation-related systemic amyloidosis, in addition to liver transplantation<sup>1</sup>. Nevertheless, these newer therapies may not reduce the frequency and severity of intraocular involvement in *TTR* mutation-related systemic amyloidosis, as this body compartment is generally difficult to access for systemic medications. This aligns with the findings of Monteiro et al., who have shown that the ratio of Tafamidis to *TTR* is lower intraocularly and in cerebrospinal fluid compared to plasma<sup>5</sup>.

## References

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